

KNOW YOUR RIGHTS

What is SNAP?

- SNAP provides a monthly household supplement for purchasing nutritious foods
- A SNAP household is everyone who lives together and purchases and prepares meals together

How Does it Work?

- You can apply online at www.okdhslive.org
- Once an application is approved, you will receive an ACCESS Oklahoma Electronic Benefit Transfer (EBT) card
- You will receive a monthly amount of benefits
- You will receive notices detailing how long you have been approved for SNAP and when you need to re-certify

Be Aware!!!

- You **CAN NOT** receive SNAP while in jail or prison
- You **CAN** apply for SNAP if you have previous felony convictions

SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM

Eligibility – General

- U.S. citizens
- Lawful immigrants who have lived in the US for 5+ years, or receive disability-related assistance or benefits; or are under 18 years of age. **Because of recent changes to the law, immigrants are encouraged to consult with an immigration attorney before applying for any benefits.**
- Meet work requirements if you are between 18 and 50 (working/work program for at least 20hrs./wk.);
- Satisfy income standards
- Provide SSNs of everyone in the household

Eligibility – Financial

- Applicant must meet both gross & net income limits unless household includes elderly or disabled member(s)
- Gross income* = household's total income before deductions
- Net income = gross income minus deductions
- <\$2,250 in countable resources (cash/bank account) or \$3,500 if (60+ or disabled)

Work Requirements – To meet these requirements, you must either:

- Register for work; or
- Not quit/reduce hours; or
- Accept jobs offered; or
- Participate in employment and training programs

Able bodied adults without dependents must either work or participate in a work program for at least 20-30 hrs./wk. (this does NOT apply to children, seniors, pregnant women, those participating in drug/alcohol treatment, those studying in school/training at least half the time, or people exempt for physical/mental health reasons)

What You'll Need to Apply –

- Proof of Identity (e.g. birth certificate, driver's license, paycheck, voter registration card, school records, passport)
- Employment Income (e.g. check stubs for past 30 days, statement from employer, copy of last tax return)
- Other Income (e.g. current benefit check or award letter, copy of child support/alimony checks, court order showing benefit info)
- Social Security cards or SSN
- SNAP Application
- Medical Expenses [optional] (e.g. itemized receipts, billing statements of medical expenses)

*Note that this must include the entire household's income, not just the applicant's